

Sinclairtabelle Männer

Gültigkeitszeitraum: 01.01.2024 - 31.12.2024

	0,0	0,1	0,2	0,3	0,4	0,5	0,6	0,7	0,8	0,9
32	2,7652	2,7555	2,7459	2,7363	2,7268	2,7174	2,7081	2,6988	2,6897	2,6806
33	2,6715	2,6626	2,6537	2,6449	2,6361	2,6275	2,6189	2,6103	2,6019	2,5935
34	2,5851	2,5768	2,5686	2,5605	2,5524	2,5444	2,5364	2,5286	2,5207	2,5129
35	2,5052	2,4976	2,4900	2,4824	2,4749	2,4675	2,4601	2,4528	2,4456	2,4383
36	2,4312	2,4241	2,4170	2,4100	2,4031	2,3962	2,3893	2,3825	2,3758	2,3691
37	2,3624	2,3558	2,3492	2,3427	2,3362	2,3298	2,3234	2,3171	2,3108	2,3046
38	2,2984	2,2922	2,2861	2,2800	2,2740	2,2680	2,2620	2,2561	2,2502	2,2444
39	2,2386	2,2329	2,2271	2,2215	2,2158	2,2102	2,2047	2,1991	2,1936	2,1882
40	2,1828	2,1774	2,1720	2,1667	2,1614	2,1562	2,1510	2,1458	2,1406	2,1355
41	2,1305	2,1254	2,1204	2,1154	2,1105	2,1055	2,1006	2,0958	2,0910	2,0862
42	2,0814	2,0766	2,0719	2,0673	2,0626	2,0580	2,0534	2,0488	2,0443	2,0398
43	2,0353	2,0308	2,0264	2,0220	2,0176	2,0133	2,0089	2,0046	2,0004	1,9961
44	1,9919	1,9877	1,9835	1,9794	1,9752	1,9711	1,9671	1,9630	1,9590	1,9550
45	1,9510	1,9470	1,9431	1,9392	1,9353	1,9314	1,9276	1,9237	1,9199	1,9162
46	1,9124	1,9087	1,9049	1,9012	1,8976	1,8939	1,8903	1,8866	1,8831	1,8795
47	1,8759	1,8724	1,8689	1,8654	1,8619	1,8584	1,8550	1,8516	1,8482	1,8448
48	1,8414	1,8380	1,8347	1,8314	1,8281	1,8248	1,8216	1,8183	1,8151	1,8119
49	1,8087	1,8055	1,8024	1,7992	1,7961	1,7930	1,7899	1,7868	1,7838	1,7807
50	1,7777	1,7747	1,7717	1,7687	1,7657	1,7628	1,7598	1,7569	1,7540	1,7511
51	1,7482	1,7454	1,7425	1,7397	1,7369	1,7341	1,7313	1,7285	1,7257	1,7230
52	1,7202	1,7175	1,7148	1,7121	1,7094	1,7067	1,7041	1,7014	1,6988	1,6962
53	1,6936	1,6910	1,6884	1,6858	1,6833	1,6808	1,6782	1,6757	1,6732	1,6707
54	1,6682	1,6658	1,6633	1,6608	1,6584	1,6560	1,6536	1,6512	1,6488	1,6464
55	1,6440	1,6417	1,6393	1,6370	1,6347	1,6324	1,6301	1,6278	1,6255	1,6232
56	1,6210	1,6187	1,6165	1,6142	1,6120	1,6098	1,6076	1,6054	1,6033	1,6011
57	1,5989	1,5968	1,5946	1,5925	1,5904	1,5883	1,5862	1,5841	1,5820	1,5799
58	1,5779	1,5758	1,5738	1,5717	1,5697	1,5677	1,5657	1,5637	1,5617	1,5597
59	1,5577	1,5558	1,5538	1,5519	1,5499	1,5480	1,5461	1,5442	1,5423	1,5404
60	1,5385	1,5366	1,5347	1,5328	1,5310	1,5291	1,5273	1,5255	1,5236	1,5218
61	1,5200	1,5182	1,5164	1,5146	1,5128	1,5111	1,5093	1,5075	1,5058	1,5041
62	1,5023	1,5006	1,4989	1,4972	1,4954	1,4937	1,4921	1,4904	1,4887	1,4870
63	1,4854	1,4837	1,4820	1,4804	1,4788	1,4771	1,4755	1,4739	1,4723	1,4707
64	1,4691	1,4675	1,4659	1,4643	1,4627	1,4612	1,4596	1,4581	1,4565	1,4550
65	1,4534	1,4519	1,4504	1,4489	1,4474	1,4459	1,4444	1,4429	1,4414	1,4399
66	1,4384	1,4369	1,4355	1,4340	1,4326	1,4311	1,4297	1,4282	1,4268	1,4254
67	1,4240	1,4226	1,4212	1,4198	1,4184	1,4170	1,4156	1,4142	1,4128	1,4115
68	1,4101	1,4087	1,4074	1,4060	1,4047	1,4033	1,4020	1,4007	1,3994	1,3980
69	1,3967	1,3954	1,3941	1,3928	1,3915	1,3902	1,3889	1,3877	1,3864	1,3851
70	1,3839	1,3826	1,3813	1,3801	1,3788	1,3776	1,3764	1,3751	1,3739	1,3727
71	1,3715	1,3703	1,3690	1,3678	1,3666	1,3654	1,3642	1,3631	1,3619	1,3607
72	1,3595	1,3584	1,3572	1,3560	1,3549	1,3537	1,3526	1,3514	1,3503	1,3491
73	1,3480	1,3469	1,3458	1,3446	1,3435	1,3424	1,3413	1,3402	1,3391	1,3380
74	1,3369	1,3358	1,3347	1,3336	1,3326	1,3315	1,3304	1,3294	1,3283	1,3272
75	1,3262	1,3251	1,3241	1,3230	1,3220	1,3210	1,3199	1,3189	1,3179	1,3169
76	1,3158	1,3148	1,3138	1,3128	1,3118	1,3108	1,3098	1,3088	1,3078	1,3068
77	1,3059	1,3049	1,3039	1,3029	1,3020	1,3010	1,3000	1,2991	1,2981	1,2972
78	1,2962	1,2953	1,2943	1,2934	1,2924	1,2915	1,2906	1,2896	1,2887	1,2878
79	1,2869	1,2860	1,2850	1,2841	1,2832	1,2823	1,2814	1,2805	1,2796	1,2788
80	1,2779	1,2770	1,2761	1,2752	1,2743	1,2735	1,2726	1,2717	1,2709	1,2700
81	1,2691	1,2683	1,2674	1,2666	1,2657	1,2649	1,2641	1,2632	1,2624	1,2615
82	1,2607	1,2599	1,2591	1,2582	1,2574	1,2566	1,2558	1,2550	1,2542	1,2534
83	1,2526	1,2518	1,2510	1,2502	1,2494	1,2486	1,2478	1,2470	1,2462	1,2454
84	1,2447	1,2439	1,2431	1,2423	1,2416	1,2408	1,2400	1,2393	1,2385	1,2378
85	1,2370	1,2363	1,2355	1,2348	1,2340	1,2333	1,2326	1,2318	1,2311	1,2303
86	1,2296	1,2289	1,2282	1,2274	1,2267	1,2260	1,2253	1,2246	1,2239	1,2232
87	1,2224	1,2217	1,2210	1,2203	1,2196	1,2189	1,2183	1,2176	1,2169	1,2162
88	1,2155	1,2148	1,2141	1,2135	1,2128	1,2121	1,2114	1,2108	1,2101	1,2094
89	1,2088	1,2081	1,2075	1,2068	1,2061	1,2055	1,2048	1,2042	1,2035	1,2029

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Gültigkeitszeitraum: 01.01.2024 - 31.12.2024

	0,0	0,1	0,2	0,3	0,4	0,5	0,6	0,7	0,8	0,9
90	1,2022	1,2016	1,2010	1,2003	1,1997	1,1991	1,1984	1,1978	1,1972	1,1965
91	1,1959	1,1953	1,1947	1,1941	1,1934	1,1928	1,1922	1,1916	1,1910	1,1904
92	1,1898	1,1892	1,1886	1,1880	1,1874	1,1868	1,1862	1,1856	1,1850	1,1844
93	1,1838	1,1833	1,1827	1,1821	1,1815	1,1809	1,1804	1,1798	1,1792	1,1786
94	1,1781	1,1775	1,1769	1,1764	1,1758	1,1752	1,1747	1,1741	1,1736	1,1730
95	1,1725	1,1719	1,1714	1,1708	1,1703	1,1697	1,1692	1,1686	1,1681	1,1676
96	1,1670	1,1665	1,1660	1,1654	1,1649	1,1644	1,1638	1,1633	1,1628	1,1623
97	1,1618	1,1612	1,1607	1,1602	1,1597	1,1592	1,1587	1,1582	1,1576	1,1571
98	1,1566	1,1561	1,1556	1,1551	1,1546	1,1541	1,1536	1,1531	1,1526	1,1522
99	1,1517	1,1512	1,1507	1,1502	1,1497	1,1492	1,1488	1,1483	1,1478	1,1473
100	1,1468	1,1464	1,1459	1,1454	1,1449	1,1445	1,1440	1,1435	1,1431	1,1426
101	1,1422	1,1417	1,1412	1,1408	1,1403	1,1399	1,1394	1,1389	1,1385	1,1380
102	1,1376	1,1371	1,1367	1,1363	1,1358	1,1354	1,1349	1,1345	1,1340	1,1336
103	1,1332	1,1327	1,1323	1,1319	1,1314	1,1310	1,1306	1,1302	1,1297	1,1293
104	1,1289	1,1285	1,1280	1,1276	1,1272	1,1268	1,1264	1,1259	1,1255	1,1251
105	1,1247	1,1243	1,1239	1,1235	1,1231	1,1227	1,1223	1,1219	1,1215	1,1210
106	1,1206	1,1202	1,1199	1,1195	1,1191	1,1187	1,1183	1,1179	1,1175	1,1171
107	1,1167	1,1163	1,1159	1,1155	1,1152	1,1148	1,1144	1,1140	1,1136	1,1133
108	1,1129	1,1125	1,1121	1,1117	1,1114	1,1110	1,1106	1,1103	1,1099	1,1095
109	1,1092	1,1088	1,1084	1,1081	1,1077	1,1073	1,1070	1,1066	1,1063	1,1059
110	1,1055	1,1052	1,1048	1,1045	1,1041	1,1038	1,1034	1,1031	1,1027	1,1024
111	1,1020	1,1017	1,1013	1,1010	1,1006	1,1003	1,1000	1,0996	1,0993	1,0989
112	1,0986	1,0983	1,0979	1,0976	1,0973	1,0969	1,0966	1,0963	1,0959	1,0956
113	1,0953	1,0949	1,0946	1,0943	1,0940	1,0937	1,0933	1,0930	1,0927	1,0924
114	1,0920	1,0917	1,0914	1,0911	1,0908	1,0905	1,0902	1,0898	1,0895	1,0892
115	1,0889	1,0886	1,0883	1,0880	1,0877	1,0874	1,0871	1,0868	1,0865	1,0862
116	1,0859	1,0856	1,0853	1,0850	1,0847	1,0844	1,0841	1,0838	1,0835	1,0832
117	1,0829	1,0826	1,0823	1,0820	1,0817	1,0814	1,0811	1,0809	1,0806	1,0803
118	1,0800	1,0797	1,0794	1,0791	1,0789	1,0786	1,0783	1,0780	1,0777	1,0775
119	1,0772	1,0769	1,0766	1,0764	1,0761	1,0758	1,0755	1,0753	1,0750	1,0747
120	1,0745	1,0742	1,0739	1,0737	1,0734	1,0731	1,0729	1,0726	1,0723	1,0721
121	1,0718	1,0716	1,0713	1,0710	1,0708	1,0705	1,0703	1,0700	1,0697	1,0695
122	1,0692	1,0690	1,0687	1,0685	1,0682	1,0680	1,0677	1,0675	1,0672	1,0670
123	1,0667	1,0665	1,0662	1,0660	1,0658	1,0655	1,0653	1,0650	1,0648	1,0645
124	1,0643	1,0641	1,0638	1,0636	1,0633	1,0631	1,0629	1,0626	1,0624	1,0622
125	1,0619	1,0617	1,0615	1,0612	1,0610	1,0608	1,0605	1,0603	1,0601	1,0599
126	1,0596	1,0594	1,0592	1,0590	1,0587	1,0585	1,0583	1,0581	1,0578	1,0576
127	1,0574	1,0572	1,0570	1,0567	1,0565	1,0563	1,0561	1,0559	1,0557	1,0554
128	1,0552	1,0550	1,0548	1,0546	1,0544	1,0542	1,0539	1,0537	1,0535	1,0533
129	1,0531	1,0529	1,0527	1,0525	1,0523	1,0521	1,0519	1,0517	1,0515	1,0513
130	1,0511	1,0509	1,0507	1,0505	1,0503	1,0501	1,0499	1,0497	1,0495	1,0493
131	1,0491	1,0489	1,0487	1,0485	1,0483	1,0481	1,0479	1,0477	1,0475	1,0473
132	1,0471	1,0469	1,0468	1,0466	1,0464	1,0462	1,0460	1,0458	1,0456	1,0454
133	1,0453	1,0451	1,0449	1,0447	1,0445	1,0443	1,0441	1,0440	1,0438	1,0436
134	1,0434	1,0432	1,0431	1,0429	1,0427	1,0425	1,0424	1,0422	1,0420	1,0418
135	1,0417	1,0415	1,0413	1,0411	1,0410	1,0408	1,0406	1,0404	1,0403	1,0401
136	1,0399	1,0398	1,0396	1,0394	1,0393	1,0391	1,0389	1,0388	1,0386	1,0384
137	1,0383	1,0381	1,0379	1,0378	1,0376	1,0374	1,0373	1,0371	1,0370	1,0368
138	1,0366	1,0365	1,0363	1,0362	1,0360	1,0358	1,0357	1,0355	1,0354	1,0352
139	1,0351	1,0349	1,0348	1,0346	1,0345	1,0343	1,0341	1,0340	1,0338	1,0337
140	1,0335	1,0334	1,0332	1,0331	1,0329	1,0328	1,0326	1,0325	1,0324	1,0322
141	1,0321	1,0319	1,0318	1,0316	1,0315	1,0313	1,0312	1,0311	1,0309	1,0308
142	1,0306	1,0305	1,0303	1,0302	1,0301	1,0299	1,0298	1,0296	1,0295	1,0294
143	1,0292	1,0291	1,0290	1,0288	1,0287	1,0286	1,0284	1,0283	1,0282	1,0280
144	1,0279	1,0278	1,0276	1,0275	1,0274	1,0272	1,0271	1,0270	1,0268	1,0267
145	1,0266	1,0265	1,0263	1,0262	1,0261	1,0259	1,0258	1,0257	1,0256	1,0254
146	1,0253	1,0252	1,0251	1,0249	1,0248	1,0247	1,0246	1,0245	1,0243	1,0242
147	1,0241	1,0240	1,0239	1,0237	1,0236	1,0235	1,0234	1,0233	1,0231	1,0230